



Sep-18



T.O.P.A.



Lunch Menu

Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
No School	Beef & Potatoes Tacos Cheese Quesadilla Refried Beans Fruit of the Day Variety of Milk	Chicken Tenders Grilled Cheese French Fries Fruit of the Day Variety of Milk	Pepperoni Pizza Cheese Pizza Green Beans Fruit of the Day Variety of Milk	N/A
Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
Chicken Nuggets Southwest Wrap Corn Fruit of the Day Variety of Milk	Beef Nachos Cheese Nachos Refried Beans Fruit of the Day Variety of Milk	Orange Chicken w Rice Vegetable Stirfy w Rice Carrots Fruit of the Day Variety of Milk	Pepperoni Pizza Cheese Pizza Broccoli Fruit of the Day Variety of Milk	N/A
Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
Sonoran hotdogs Veggie Wrap Corn Fruit of the Day Variety of Milk	Baked Ziti w Meat Sauce Baked Ziti w Cheese Green Beans Fruit of the Day Variety of Milk	Chicken Patties Caesar salad w dinner roll French Fries Fruit of the Day Variety of Milk	Pepperoni Pizza Cheese Pizza Carrots Fruit of the Day Variety of Milk	N/A
Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
Hamburger Veggie Burger Corn Fruit of the Day Variety of Milk	Turkey Corndog Cheese Quesadilla French Fries Fruit of the Day Variety of Milk	Taco Salad Southwest Salad w Dinner Roll Refried Beans Fruit of the Day Variety of Milk	Pepperoni Pizza Cheese Pizza Carrots Fruit of the Day Variety of Milk	N/A

Foodservice Director: Christian Lerma (520) 495-5533
MENUS SUBJECT TO CHANGE Website: www.healthyinnovationsaz.com

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866)632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).